

# hospital bag checklist

## for mama

- Suitcase
- Drink Bottle
- Robe
- Slippers
- PJ's x 3 (Nursing Friendly)
- Maternity/Loose Underwear x 6
- Nursing Bras x 3
- Breast Pads
- Nipple Cream
- Make-Up & Wipes
- Toiletries (Toothbrush/Brush)
- Lip Balm
- Going Home Outfit & Shoes
- Deodorant
- Dry Shampoo
- Curling Iron/Straightener
- Camera & Charger (Laptop)
- Phone & Charger

## for kids

- Suitcase
- Tablet & Charger
- Coloring Book & Crayons
- Diaper Bag with Essentials
- PJ's
- Present from Baby
- Snacks & Water Bottle
- Blanket & Toy - Something Familiar (if staying at Hospital)

## for baby

- Suitcase
- Sleep Gown & Hat
- Bodysuits x 4 (Easy Diaper Access)
- Going Home Outfit
- Booties
- Announcement Photo Outfit
- Announcement Plaque/Props
- Swaddles x 2
- Pacifier/s
- Burp Cloths x 3
- Wet Wipes
- Diapers x 10
- Present from Sibling/s
- Diaper Bag (if long drive home)

### NOTE:

Make sure car seat is installed

## for dad

- Suitcase
- PJ's
- Slippers
- Daytime Outfit & Shoes x 2
- Underwear x 3
- Toiletries (Toothbrush/Brush)
- Shampoo/Conditioner (Travel Size)
- Deodorant
- Hair Gel & Body Wash
- Phone & Charger